

DISC personality test

By the [123test team](#) with [validation study](#) available. Updated on April 19, 2024.

To the test

4.6 ★★★★★ (3180 reviews)

This free **DISC personality test** lets you assess your DISC type and profile quickly. Find out how the DISC factors, Dominance, Influence, Steadiness and Compliance explain your behavior towards others and everyday things you do.

This **DISC assessment** is designed to test personality by calculating your personal **DISC profile** based on your everyday typical behavior. Simply fill out the inventory like you would with other online personality tests. It's quick and without any obligations. The DISC test is, together with a [MBTI test](#), [career test](#) and [Big Five personality test](#), one of the most well known personality tests.

In the detailed report you will find a graph depicting your DISC type and a concise textual characterization of your personality profile. Additionally you can even upgrade to an extended report if you like.

DISC assessment instruction

This assessment contains 28 groups of four statements. Answer honestly and spontaneously. It should take you only 5 to 10 minutes to complete.

- Study all the descriptions in each group of four
- Select the one description that you consider **most like you** (👍)
- Study the remaining three choices in the same group
- Select the one description you consider **least like you** (👎)

For each group of four descriptions you should have one **most like you** and only one **least like you**.

Sometimes it may be difficult to decide which description to select. Remember there are no right or wrong answers in this DISC personality test, so just make the best decision you can.





People look up to me



I tend to be a kind person



I accept life as it comes



People say I have a strong personality



I find it difficult to relax



I have a very wide circle of friends



I am always ready to help others



I like to behave correctly



I tend to do what I am told



I like things to be very neat and tidy



People can't put me down



I enjoy having fun



I respect my elders and those in authority



I am always willing to do new things - to take a risk



I believe things will go well



I am always willing to help



I am a neat and orderly person



I am very active, both at work and play



I am a very calm and placid person



I generally get my own way



I am very contented with life



I tend to trust people



I like peace and quiet



I have a very positive attitude



I have a great deal of will power



I always take notice of what other people say



I try to be obliging



I am always cheerful



I am self-confident



People say I am a sympathetic type



I have a tolerant attitude towards life





I am an assertive person



I never lose my temper



I like things to be precise and correct



I am very sure of myself



I enjoy having a laugh and a joke



My behaviour is well disciplined



People see me as being helpful



I am always on the move



I persevere until I get what I want



I enjoy competition



I do not treat life too seriously



I always consider others



I am an agreeable type



I am very persuasive



I see myself as a gentle person



I am a very modest type



I often come up with original ideas



I am very helpful towards others



I don't like tempting fate



I don't give up easily



People like my company



I tend to be a cautious person



I am a very determined person



I am good at convincing people



I tend to be a friendly person



I don't scare easily



People find my company stimulating



I am very willing to change my opinion



I like a good argument





I am always willing to follow orders



I am a rather shy person



I tend to be an easy going type



I always look on the bright side of life



I am a very social sort of person



I am very patient



I am a very self-sufficient sort of person



I rarely raise my voice



I am always ready and willing



I am always keen to try new things



I don't like arguments



People describe me as high spirited



I enjoy taking a chance



I tend to be very receptive to other people's ideas



I am always polite and courteous



I am a moderate rather than an extreme person



I tend to be a forgiving type



I am a sensitive person



I have a lot of energy and vigour



I can mix with anybody



I enjoy chatting with people



I control my emotions



I am very conventional in my outlook



I make decisions quickly



I tend to keep my feelings to myself



Accuracy is very important to me



I like to speak my mind



I am very friendly





I like to handle things
with diplomacy



I am very daring



Most people find me
acceptable



I feel satisfied with life



I am obedient



I am always willing to
have a go



Loyalty is one of my
strengths



I have a good deal of
charm



I tend to be an
aggressive type



I am good fun and
have a lot of
personality



People tend to see me
as an "easy touch"



I tend to be rather
timid



I am good at
motivating people



Patience is one of my
major strengths



I am careful to say the
right thing



I have a strong desire
to win



People find me easy
to get on with



I get a lot of
satisfaction from
helping others



I always think things
through



I prefer to get things
done now rather than
later



I am good at analysing
situations



I get restless quickly



I think about how my
decisions might affect
others



People see me as
relaxed and easy
going

Next



Frequently asked questions

What is DISC?

The DISC Personality Test is a behavioral assessment tool designed to help individuals gain insight into their natural behavior preferences and tendencies. It's based on the DISC theory developed by psychologist William Marston, which categorizes behavior into four primary personality traits: Dominance (D), Influence (I), Steadiness (S), and Compliance (C).

What is a DISC assessment?

A DISC assessment is a self-assessment tool or questionnaire designed to evaluate an individual's behavioral tendencies and personality traits. It typically includes a series of questions or statements that respondents answer based on their preferences and reactions to various scenarios. The assessment results are used to create a DISC profile.

What is a DISC profile?

A DISC profile is a personalized report or summary that is generated after taking the DISC personality test. It outlines an individual's specific personality traits, indicating their dominant traits and any secondary characteristics. These profiles provide valuable insights into a person's communication style, work preferences, and behavior in various situations.

What DISC personality types are there?

The DISC model identifies four primary personality types, each associated with its own set of characteristics:

- Dominance (D): Individuals with dominant traits tend to be assertive, decisive, and results-oriented. They are often seen as confident and competitive.
- Influence (I): People with influential traits are typically sociable, outgoing, and enthusiastic. They excel in interpersonal relationships and communication.
- Steadiness (S): Steadiness traits are associated with a calm, patient, and cooperative nature. Individuals with these traits value stability and are excellent team players.
- Compliance (C): Those with Compliance traits are detail-oriented, systematic, and methodical. They focus on precision and quality in their work.

Most people have a combination of these traits, with one or two being more dominant in their personality.

Can I take a free DISC personality test?

Many websites offer free or limited versions of the DISC personality test. These free tests can provide a basic understanding of your personality type. However, for more comprehensive and accurate results, it's often recommended to invest in a professional DISC assessment. Paid assessments usually come with more in-depth analysis and personalized feedback. Remember that DISC assessments are a valuable tool for self-awareness and personal development, and they can also be useful in team building and organizational development.

